

## **Fats, Oils and Grease (FOG) & Sanitary Sewers: What You Should Know!**

### **Problems From FOG:**

- Clogged drains or toilets in your home.
- Raw sewage overflowing into your home or the house next door, resulting in unnecessary and expensive cleanup costs.
- Overflows of raw sewage into your local streets, parks, yards and streams.
- Potential contact with disease-causing organisms.
- Higher operating and maintenance costs, potentially resulting in higher sewer bills to you.

### **Common Sources of FOG:**

- Cooking Oil
- Bacon Drippings
- Salad Dressing
- Melted Butter
- Sauces
- Meat Trimmings (fried, baked meats)
- Shortening or Lard
- Mayonnaise
- Dairy Product

### **To Do/Not To Do:**

#### **DO's:**

- Dry wipe pans, plates and utensils and throw towel in the trash.
- Scrape as much grease off pans and plates as possible into trash.
- Use drain screens (strainers) in sinks.
- Rinse pans, plates and utensils in cold water before putting in the dishwasher or washing with hot water.
- Dispose of fats, oils and grease in proper place.
- Speak with your friends and neighbors about how to keep grease out of sewers.

#### **DON'TS:**

- Never pour fats, oils and grease down drains or into toilets!
- Don't put food scraps down the drain.
- Don't dispose of grease laden food with the garbage disposal. This grinds food into smaller pieces, but doesn't keep grease from going down the drain.
- Don't rinse pans, plates or utensils with hot water.
- Don't use chemicals to remove grease clogs.